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BIGGER-AND-BETTER
GREAT GIFT
GUIDE

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YOUR FREE CAPE TOWN CENTRAL CITY NEWSPAPER

Brought to you by the Cape Town Central City Improvement District (CCID)

Summer 2021-22

BUMPER FESTIVE SEASON ISSUE

SUMMER'S HERE!

CCID 24-hour control centre



082 415 7127

www.capetownccid.org

SAFE, CLEAN, CARING AND OPEN FOR BUSINESS

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TALK OF THE TOWN

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IS A FREE CAPE TOWN CENTRAL CITY COMMUNITY NEWSPAPER PUBLISHED BY THE CAPE TOWN CENTRAL CITY IMPROVEMENT DISTRICT (CCID), A NON-PROFIT COMPANY. IT IS THE CCID'S VISION TO ENSURE THAT THE CENTRAL CITY IS SAFE, CLEAN, CARING AND OPEN FOR BUSINESS FOR ALL WHO USE IT, WHETHER THEY LIVE, WORK OR PLAY HERE, OR ARE PASSING THROUGH.

www.facebook.com/CityViewsCapeTown

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TASSO EVANGELINOS
CEO OF THE CCID

IT'S TIME TO TAKE STOCK

It's been a hard, long year and, by all accounts, we're heading for another unpredictable Festive Season. A fourth wave of Covid-19 looms, and as we go to print, South Africa has just been hit with yet another travel-restricting "red" listing by foreign countries. This has drastic implications, not only for the struggling hospitality industry that was relying on overseas visitors, but for families and businesses.

Now, more than ever before, it's important to "buy local" so that retailers in town can survive these new challenges.

Look no further than this bumper issue to find out where to obtain the ultimate gift (pages 8-10), enjoy special meals at must-visit eateries

(page 11), experience downtown adventures (pages 5-7) and attend entertaining events (page 12).

We remain optimistic about the future of the CBD and our extraordinary city.

At the CCID, we're proud of the way we've navigated the bumps in our Covid-19 road this year. We faced challenges and curve balls, but by constantly re-evaluating the operational strategies of all our departments – Safety & Security, Urban Management, Social Development and Communications – we pulled through.

This year we celebrate 21 years of service excellence in the Central City (page 4). The CCID's coming of age is a proud moment for the organisation, and it has been extremely rewarding

to have been at its helm since 2007 – having been part of the team since its inception.

As the oldest Central Improvement District (CID) in South Africa, and the only one operating in a city centre, it's achieved great success thanks to collaborations and knowledge-sharing between various partners.

I'd like to take this opportunity to thank them, and you, for the ongoing support and validation we receive.

We will continue to work towards an ever-successful downtown, and I encourage you to stay safe this Festive Season: social distance, wear your mask in public (and wear it properly!), sanitise and, if you haven't yet gotten your Covid-19 jab, I urge you to consider doing so without delay.



GEORDIN HILL-LEWIS
EXECUTIVE MAYOR OF CAPE TOWN

MESSAGE FROM THE MAYOR

It is a privilege to be able to lead the City of Cape Town in partnership with such wonderful, committed and hard-working community organisations like the CCID. I am very grateful, and I know many Capetonians are too, for the work you do to keep the city centre thriving.

This is an important partnership to me and the City, and I look forward to deepening it. The Cape Town CBD is, thanks in large measure to your good work, an innovative and attractive city precinct offering opportunity and growth.

It is reassuring to see so many stakeholders committed to revitalizing the CBD economy: the CCID, the City, the Provincial Government, the Cape Chamber of Commerce, residents and ratepayers. By working together, we have again shown how resilient a people we are.

Our purpose in Cape Town is simple: to build a city that is a source of pride for every Capetonian and South African – a city that illustrates the very best of what our country is capable of. Let's all recommit

to showing more pride and care for our city, thereby securing the future of Cape Town for our families and communities.

We celebrate Cape Town's recent recognition by the World Travel Awards as the Leading City Destination in Africa, and by Ratings Afrika as the country's most sustainable municipality. On the tourism front, we look forward to key international airline routes resuming, allowing us once again to welcome international visitors and boost the hospitality and tourism businesses in town.

I believe 2022 is going to be a great year for Cape Town. To all our residents and visitors, may you have a special and safe Festive Season and look forward to a new year filled with possibility.

THE CCID AT WORK FROM AUGUST TO OCTOBER 2021

SAFETY & SECURITY



Conducted **17 694** crime prevention initiatives

Conducted **15 792** interventions to do with aggressive begging

Secured **70** arrests with City of Cape Town Law Enforcement

Traffic wardens issued **4 975** fines to a total of **R2 844 400**

Responded to **34** alarm activations and secured **15** premises

Rendered public & vehicle assistance **276** times

Dealt with **51** illegal trading offences

Responded to **86** medical & rescue callouts

Addressed **16** incidents of illegal dumping

City Law Enforcement issued **233** fines for bylaw violations and **387** for non-moving traffic infringements

COMMUNICATIONS



Generated **135** media clips to an advertising value equivalent (AVE) of **R3 748 559**, reaching an audience of **256 181 453**

Wrote **420** Facebook posts on the CCID's **3** Facebook pages

Wrote and produced the CCID's **Annual Report 2021**

Produced **3** e-Newsletters which reached **15 340** subscribers

Organised and hosted the CCID's **AGM**

Won **5** awards at the SA Publication Forum Awards 2020 for **City Views**, Hope for the Homeless fundraising campaign audio-visual and **State of Cape Town Central City Report 2020 – A year in review [Covid-19]**

URBAN MANAGEMENT



Cleaned **2 667** municipal and **714** storm water drains

Removed **10 871 kg** of waste from municipal and storm water drains

Maintained **325** tree wells and trimmed **11** trees

Cleaned **448** channels and removed **600 kg** of waste

Removed **232** strings & stickers

Undertook **184** road maintenance repairs

Removed **284** tonnes of litter and waste

Removed **140 kg** of butts from ciggie bins

Painted **112** road markings

Removed **566** illegal posters

Planted **70** trees

Removed **407** incidents of graffiti

SOCIAL DEVELOPMENT



Interacted with **189** people living on the streets

Placed **16** adults in shelters in the CBD

Referred **11** people to NGOs for general services

Assisted **8** adults to get back home

Assisted **16** adults to healthcare facilities

Referred **11** clients to TB HIV Care, Straatwerk and Streetscapes

Received donations from **Student@Home** and **Clarke's Bar & Dining Room**

Recruited **20** homeless clients for a new Treasury-funded work-based rehabilitation programme

STAKEHOLDER NEWS

OPEN FOR BUSINESS

The CCID wishes these new businesses all the best in the Central City.



Q&A WITH MATT MANNING, OWNER OF THE BLUE ROOM AT GRUB & VINE

What's the idea behind The Blue Room?

The Blue Room at Grub & Vine is our live music and cocktail lounge that pays homage to the soulful sounds of Jazz and the Blues. It's a collaboration between myself and renowned jazz artist Buddy Wells, who manages the live music performances and on-site recording studio while I look after the hospitality side of things.

What can people expect this Festive Season?

We have incredible performances lined up. You can view the programme on our Instagram page (@grubandvine) or website (www.grubandvine.co.za). We are also currently running a festive dinner-and-show package that includes one of our signature cocktails, a two-course set menu and a live show for R395.

Why is this new addition to the CBD's music offering unique?

You'll be able to listen to some of the best Blues' talent in the country in a beautiful space, at a buzzing location. Also on offer is refined dining and an exquisite custom cocktail menu. Don't expect your run-of-the-mill Pina Coladas or Mojitos here!
103 Bree St
www.grubandvine.co.za

For more Central City news and views, subscribe to the CCID's e-Newsletter. Go to www.capetownccid.org and enter your email address at the bottom of the home page.

EAT

► Infinite Foods

This beautifully decorated eatery buys into the sustainable food movement and serves delicious plant-based meals.

4 Commercial St
www.infinitefoods.com

► Pizzasaurus

Pizzasaurus, located in the CBD's East City, is family friendly and offers a wide selection of pizzas as well as coffee and breakfasts. Vegan and vegetarian options are also available.

103 Harrington St
076 897 4979
www.pizzasaurus.co.za

SERVICES

► Iron Tiger Fight & Fitness

Iron Tiger specialises in boxing, Muay Thai, functional fitness and high-intensity interval training (HIIT). There are both private and group sessions on offer, so get on your sweats and give it a go.

77 Bree St
082 966 3287
www.irontiger.co.za

HOW TO HAVE A SAFE HOLIDAY SEASON

It's time for some well-deserved rest and relaxation. Here's how to stay safe over the holidays when you come into town to enjoy the downtown vibe.

Prevention is definitely better than



cure when it comes to personal safety. It's also the motto of the CCID's Safety & Security department. "Our strategy centres on crime-prevention, and we encourage visitors and residents to be vigilant over the holiday period, when petty criminals are bound to be out and about," says Safety & Security manager Muneeb Hendricks.

Safety in the Central City has been beefed up over the Festive Season, with the number of 300-plus CCID Public Safety Officers, who will be on duty 24/7, being increased. "There will be 109 officers deployed per shift to create a safety net and presence all over the CBD," says Hendricks.

Like in most global CBDs, petty crime is a problem. "We are seeing an increase in ATM fraud and have a special task team doing daily covert operations to address it. We are also focussing on chain-snatching, cell phone theft, pickpocketing, and theft out of motor vehicles," he says.

HERE ARE OUR SIX TOP PERSONAL SAFETY TIPS:

- 01** Be aware of your surroundings and be vigilant. That cell phone message or social media post can wait until you've arrived at your destination.
- 02** ATM fraud is prevalent in Cape Town. Take care when using an ATM. Don't give out your PIN or talk to strangers. Also, don't fall for well-dressed scamsters who try to convince you that you need a permit (supposedly available at an ATM) to walk in the city centre. Please warn your visitors about this, too.
- 03** Don't flash expensive jewellery around when walking in town.
- 04** Don't leave valuables in your car and manually check the handles of car doors to avoid remote jamming.
- 05** Party responsibly and stay with your group. Don't leave anyone behind.
- 06** Report incidents or suspicious behaviour in the CBD to the CCID's 24-hour control centre number (082 415 7127).

USEFUL CONTACTS

EMERGENCY

CCID 24-HOUR SAFETY & SECURITY



082 415 7127
 (Cape Town CBD only)

AMBULANCE, HEALTH, NOISE & FIRE

107 / 021 480 7700
 (24 hours)

107 from landlines only

SAPS CENTRAL CITY

021 467 8001/2
 (24 hours)

CITY OF CAPE TOWN SERVICES

INCIDENT REPORTING & ENQUIRIES

- Refuse collection, water issues, street lights and electricity faults
0860 103 089
- Traffic signal faults
0860 001 948
- Prepaid electricity meters
0800 220 440
- Cable theft
0800 222 771
- Disaster Risk Management
080 911 4357
021 597 6000 (24 hours)

SOCIAL CONCERNS

- Alcohol & Drug Helpline
0800 435 748
- Social Development: Children
0800 220 250
- Social Development: Adults
0800 872 201
- CCID Social Department
082 563 4289

BYLAW & TRAFFIC INFRINGEMENTS

- Law Enforcement
021 596 1999 (24 hours)
- Traffic Police
0860 765 423
- Metro Police
0860 765 423

CCID NEWS

21 YEARS OF THE CCID

The CCID comes of age this year. Its remarkable journey in town is revealed here through the eyes of some of the Capetonians who have worked closely with the organisation to ensure its success.



ANDREW BORAINÉ

CHIEF EXECUTIVE, WC ECONOMIC DEVELOPMENT PARTNERSHIP; FORMER CAPE TOWN PARTNERSHIP CEO

When we started the CCID in 2000, we had a model which focused on urban management followed by security. The aim was to get the basics right and to do the fundamentals well. The second phase was communicating what we were doing, and the third phase was attracting investors. Being able to implement this model meticulously has been at the heart of the CCID's success.

My own journey with the CCID started many years ago with a minor car accident in the CBD due to a traffic sign facing in the wrong direction. The responsible department at the City was contacted but we were told it would take four weeks to correct the sign. The CCID managers then did it themselves – and that's a great example of the difference the CCID makes in town every single day!



MICHAEL FLAX

EXECUTIVE DEPUTY CHAIRMAN, SPEAR REIT LTD; FORMER CCID CHAIRPERSON (2003–2006)

The CCID's 21-year journey has been a success story for all to see. In its early days, the CCID required massive input from its non-executive directors. These were all titans of the Cape Town property industry who had seen their property values tumble as the CBD went into decline. During this era, the dream of a permanent Central City population was realised.

This came about through a multitude of residential conversions of older office blocks into swish, new inner-city pads. It was only due to the reduction in "crime and grime" that people wanted to live in town again. The popularity of Cape Town as an international city has grown in tandem with the CCID's success.



MICHAEL FARR

FORMER CEO OF THE CAPE TOWN PARTNERSHIP AND CCID (1999-2003)

The Cape Town Partnership (CTP)/CCID started in a single rented office with a single desk and chair. We had funds to last six months! Our priority was to negotiate a Service Level Agreement (SLA) with the City of Cape Town while approaching CBD property owners for seed funding. After a year, an SLA was signed. It was historic as it launched the country's first successful City Improvement District (CID).

Managed by the CTP, the CCID was designed to deliver a safe and clean urban environment – the basis on which to position Cape Town among other premier global cities. By end-2000, projects valued at R2.4 billion were under construction, with a further R3.2 billion planned. By 2003, new investments worth over R8 billion were implemented.

The CBD has made great progress over the last two decades. Investment inflows have been consistent and urban decay is minimal. The role the CCID has played in catalysing change has been enormous. The Central City would not be what it is today had it not been for the CCID.



A CCID PUBLIC SAFETY OFFICER



RICHARD HARRIS

WOODHEADS CEO AND FORMER CCID BOARD MEMBER (2003–2018)

The CCID is an indispensable part of the social fabric in this city and CBD. People don't properly understand its impact and efforts unless they have been actively involved within the organisation as I was for 15 years.

Every year throws a new challenge at the city, and the CCID has this ability to adapt and make things happen, from reducing crime and improving public spaces to social development and marketing the city internationally. Highlights are the 2010 FIFA World Cup and the World Design Capital Cape Town 2014, which showcased how successful the CCID was in improving the CBD and its image in collaboration with other organisations and the City.

Since then, the CCID has continued to be at the forefront of showing how a CID is supposed to perform, from the best transparent administration to active participation on the streets.



MARTIN RIPPON

FORMER CCID BOARD MEMBER (2000–2018)

It was a privilege and honour to serve on the CCID Board during my tenure. I have glowing memories of the trials and tribulations we faced as a committed band of people intent on tackling some of the Central City's key challenges. The CCID Board has never deviated from focusing on a clean, safe, caring and inclusive city.

While there are various ongoing challenges, as well as those presented by the current Covid-19 pandemic, I have no doubt that the CCID Board will continue to lead with passion and commitment and the team will continue to deliver service of the highest level.



TAMRA CAPSTICK-DALE

CORPORATE IMAGE CEO AND CCID BOARD MEMBER (2011 TO TODAY)

The formation of the CCID resembles one of those seminal moments. Back in the late 1990s, Cape Town was descending into organised chaos ... and there was no sign it would improve.

With the formation of the Cape Town Partnership in 1999, an approach was adopted to promote and protect the CBD. The understanding was that a CID might be the perfect delivery vehicle to rejuvenate the CBD, as it had in other global cities. The Partnership looked at New York and Coventry, took the best of both, and by working closely with the City to enable new CCID legislation, we put a plan in place. When the CCID was finally approved, we didn't appreciate that history was being made. We can see that now.

That the CCID has been successful in its two primary objectives – cleansing and security – is obvious. But the impact has been both practical and psychological.

The practical impact was to turn the investment tide. This was delivered quickly, and some of today's best-known developments arose during this period. Investment continues unabated. But the psychological impact is best understood by Capetonians themselves.

The place they call "town" had become the subject of disappointment and derision. What the CCID returned to the city – and this will be its abiding gift to Capetonians – is a sense of pride.



CCID URBAN MANAGEMENT MAINTENANCE TEAM MEMBERS

CCID BOARD & CEO

FESTIVE SEASON GUIDE

GO, GO, GO IN THE CENTRAL CITY!

It's time for fun and adventure. Come into town and savour the variety on offer. We've got you (and your guests) covered. Here's our pick of the crop of next-level Central City experiences. They make great gifts, too ...



RED BUS

HOP ON THE RED BUS

The fabulous Red Bus by City Sightseeing South Africa is a great way to explore our phenomenal city and CBD. Choose from a range of packages for kids and adults, including a Hop on Hop Off Tour between the CBD and the V&A Waterfront. While you're in town, there are plenty of eateries and places of interest to visit.

Check out the CCID's CBD Eateries Map here: <https://bit.ly/32CctEh>. Don't forget your hat and sunscreen.

81 Long St | www.citysightseeing.co.za

SKY-HI RIDE AT HOTEL SKY

Game for a heart-stopping adventure? This one's for you if you're a thrill-seeker of note. Hotel Sky has a 30-metre, rooftop Sky-Hi Ride, offering the best views of Cape Town. The ride, the first of its kind in Africa and only one of seven in the world, operates from Wednesday to Sunday, weather permitting. Tickets cost R250 on Webtickets.

9 Lower Long St | www.sky-hiride.capetown



CAPE TOWN WALKING TOURS

MCC ROOM AT THE GIN BAR

The charming Gin Bar, the worst kept secret in town, now boasts an MCC Room and a happy band of staffers who are bubbly aficionados. If you'd like to compare different varietals and styles, there's an option to buy five tasters for R145. Descend on this unique CBD venue (entrance via Honest Chocolate Café) on Wednesday to Saturday from 17h00 to 21h30.

64A Wale St | www.theginbar.co.za

CULTURAL TOURS

Put on your walking shoes and explore the city centre on foot. Kate Crane Briggs of Culture Connect SA is the best in the business.

An art and design tour specialist offering public and private tours, Crane Briggs's popular walking tours focus on design and architecture, heritage, and social history as well as art studios, curators, artists and Cape Town's creative scene. Many are based in town. Ready, steady, go!

www.cultureconnectsa.com | kate@cultureconnectsa.com



SKY-HI RIDE



MCC ROOM AT THE GIN BAR

CAPE TOWN WALKING TOURS

Lesley Cox of Cape Town Walking Tours believes this is the best way to absorb the true spirit of Cape Town.

A qualified tour guide, Cox specialises in city walking tours which take in Cape Town's rich cultural and architectural history.

Relaxed and informative, they come highly recommended. Choose from Heritage City Centre, Castle of Good Hope, Company's Garden and other themed tours, such as Memorial Art in the City Centre.

www.capetownwalkingtours.com | lesley@capetownwalkingtours.com

CRAFT CIRCLE AT THE LADDER

Calling crafters! Meet cool people and socialise while creating something beautiful. Join the Craft Circle and bring your embroidery kit, clay toolbox,

sewing machine, sketchbook or whatever you fancy.

The three-hour sessions are hosted on Wednesdays by Andie Reeves, a teacher, textile artist and owner of the Cape Town Craft Club. Tickets cost R120 online.

136 Bree St | www.capetowncraftclub.wordpress.com

CERAMIC PAINTING AT CLAY CAFÉ

Clay Café In the City, an offshoot of its famous Hout Bay relative, hosts ceramic painting sessions daily and has an enticing food and drinks menu to complement the fun. There's a R40 studio fee per person and ceramic

items to paint range from R55 to R380 depending on size and shape.

199 Bree St | www.claycafeinthecity.com

FOOD, GLORIOUS FOOD

Explore the CBD's destination eateries by going on a foodie tour with your hosts, Cape Town Culinary Tours. Traverse town on foot while eating and drinking to your heart's content. The two options are "The Cape Town Essentials Tour" – which focuses on food tastings – and "A Taste of Africa", which presents cuisine from East and South Africa. These range from R1 550 to R 1 400 per person.

hello@capetownculinarytours.com



CLAY CAFÉ

FESTIVE SEASON GUIDE

- THE SECRET - SANCTUARY

CAPE TOWN'S HISTORICAL

LONG STREET BATHS

An inner-city sanctuary, the graceful, entrancing Long Street Baths is part of the fabric of the city. Karin Schimke dives into the secret splendour of this recently spruced-up icon.



There was talk once – serious talk – of demolishing the Long Street Baths. It was the Sixties. Increased traffic was putting pressure on the nexus where the mountain end of Long Street connects with Buitensingel, Orange and Kloof streets, and plans were afoot to ease congestion. Besides, the pools were 60 years old, and they had deteriorated enough to justify closing forever the wooden doors under the arches, above which the words “Baths” and “Baddens” (in Afrikaans) were moulded in Art Nouveau lettering.

Build a new indoor pool in Oranjezicht, the argument went. “The Oranjezicht project will replace the old Long Street bath which is to be demolished to make way for the Mill Street ring road linking De Waal Drive with Buitengracht,” *The Argus* of 24 April 1970 reports. “A start will be made on the Oranjezicht bath later this year.”

But later that year came and went, and the baths remained in place. Now, more than 50 years on, the baths are still there. Still used. Still loved.

TENACIOUS SURVIVOR

They recently reopened after more than a year of being closed. Roof sheets had been ripped off during one of Cape Town’s epic wind spells, and the City of Cape Town used the unexpected hiatus in normal public activity during lockdown to do wide-ranging repairs.

A total of **R1.1 million** was spent on replacing the rusted steel piping from the plant room to the filters, repairing and servicing steel filter tanks, repairing heating units and their pumps, the damaged roof, and on doing an electric assessment among other things. “[The fixes] required specialist knowledge and skills,” says Zahid Badroodien, former City of Cape Town mayoral committee member for Community Services and Health, who now holds the Water and Waste portfolio.

“Long Street is one of **the few pools** that operates all year and [it] is well used by recreational and professional bathers, swimming clubs and various schools, and activities and programmes such as underwater hockey and water aerobics take place. We are pleased that these activities can now resume with the observation of Covid regulations.”

The fixes did not extend to the aesthetics. The **enormous mural** painted on the wall closest to Table Mountain is faded and in some places the brickwork is peeking through. The stalls in the changing rooms look a little worse for wear and some of the locker doors are hanging off their hinges. But the floors and toilets are sparklingly clean. A mop in the women’s change rooms is often taken up by women who’ve trailed water in from the pool, contributing to a feeling that this shared space, no matter how shabby, is deserving of its users’ care.

An air of quiet order and respectful community is possibly one of the **113-year-old space’s** greatest pulling power.

SAFE SPACE

Cape Town photographer, writer and filmmaker Yazeed Kamaldien, an avid recreational swimmer, has only **good memories** of the Long Street Baths.

He used to work as a journalist in St Georges Mall and would sometimes pop in after work for a swim. “I would sometimes ask someone, usually an aunty with her children, to watch my bag, as I usually had my phone with me. I always feel a **sense of community**, of belonging, when going to public swimming pools, especially the Long Street Baths, as the families that I would see there were from the Bo-Kaap. I know people who live in the Bo-Kaap, so it is like seeing people I know, even though I might not actually know their names. It always felt like a safe family space.”

For the first 80 years of the pool’s life, however, neither the people who lived in the Bo-Kaap, nor any Capetonians who were not white, were able to use it. Instead, white people who lived in the flats nearby often wondered over in their slippers for a swim and a shower, so that for years the baths were known as **“the slipper baths”**.

In the 1970s, the city managed 12 segregated pools. There are now 35 pools in Cape Town, from Khayelitsha to Sea Point, and from Muizenburg to Parow.

NOT A POOL FOR POSERS

For Helen Walne, Cape Town underwater photographer and writer, the baths are a sanctuary in the city. “It’s something to do with the **hushed acoustics**, the way light floods in through the windows at the far end, and the soft colours of the fading murals. Everything is muted and gentle and spacious.”

On a recent Tuesday morning six women – two in swimming hijabs, three in Speedos, one in a bikini – swam lengths in water of pleasant



LONG STREET BATHS

26 deg Celsius. Two **female lifeguards** looked on from the stands. Some years ago, the women of the Bo-Kaap wrested this one day of the week as a women-only swim day.

Walne says this is not a pool for show-offs or champions or posers or pouters. "It's for bobbing kids and elderly backstrokers, for new-love teens and Saturday families. And it's one of the few spaces in the city where women can feel completely **safe and free**, with the pool open to women only between 10h00 and 14h00 on a Tuesday. We owe a lot to those who campaigned for this. It's a rare taste of what normality should be."

The movement of the pellucid water turns the lane lines into a doctor's scribble on the bottom of the pool. There's **a milky murkiness** to some public pools, but the water at Long Street seems to maintain an entrancing clarity.

"It has a quality no other pool in the city has. It's so clear, you can see the bottom shelving away, and it feels gentle and infused with some sort of magic. I love the way the thin grouting of the tiles makes crazy shapes on the surface."

SECRET OASIS

The Long Street Baths are a mix of Victorian, Edwardian and Art Nouveau architecture and the lettering on signage reflects **a long history** of changing needs, times, rules and ideas. The 25-metre pool was built in 1908, and around 20 years later, the Turkish baths were added on. Here people could come for a steam bath and a massage. This service has fallen away in recent years.

The hand-wringing that almost saw the baths being obliterated in the 70s came to a head when a resolution was made in 1985 to improve the facility. The city council spent R2.2 million in 1990, adding a glass section on the east wall with an outside area for bathers to sit in the sun.

After the **1990 renovations**, tickets cost R2 for adults and 80 cents for children. Adults now pay R32 for a swim and children R18. Monthly tickets are available, too.

The pool has been used for many years by the Walmer Swimming Club and the Cape Town Underwater Hockey Club. Elize Viviers, coach of the SA Elite Women's Team, says the club's relationship with the pool and its people over the years has been warm and reciprocal.

"If you spend your life beside pools you end up leaving swimming costumes behind. The only pool I have ever swum in where my bathing costume would be in **'lost and found'** if I left it behind was at the Long Street Baths."

Yet, for all its popularity, and its longevity, the pool remains one of those secret city oases. In an interview in 2015, Sadick "Dickie" Holtman, who'd worked at the baths for 30 years before his retirement, said: "People walk past every day and never look inside. They're amazed when they see this place for the first time. Many people don't know it exists."

But there it is, tucked away between a petrol station and one of Cape Town's oldest backpacker lodges. It is surrounded by churches and mosques, bars and restaurants; a quiet old lady, dressed in grey, who has **provided solace** and exercise and friendship and fun for over a century.



THE OLD TURNSTYLES AT THE BATHS



FESTIVE SEASON GUIDE



THE

GREAT GIFT

GUIDE



BORDALLO PINHEIRO

GENERAL

THE HERITAGE SHOP

A hidden gem in the Company's Garden, the whimsical Heritage Shop offers a wide range of ethically sourced local gifts all with a Cape flavour, from essential oils and finely packaged flavoured teas and soaps to skincare products and hand-painted ceramic mugs.

The Company's Garden, 19 Queen Victoria St
www.heritage.org.za

C IS FOR CANNABIS

GOODLEAF

Goodleaf is the leading local retailer-manufacturer of products that contain cannabidiol (CBD) oil. At its CBD store you'll find products that have been proven to have benefits such as pain relief, easing anxiety and assisting with better sleep. The shop's range includes oils, CBD-infused water, drops, vapes, skincare products and even books such as *The ABCs Of CBD: The Essential Guide* and *The Cannabis Manifesto: A New Paradigm For Wellness*.

37 Buitenkant St | www.goodleaf.co.za

PEACH & MOON ORGANICS

Peach & Moon has premium CBD oil, water-soluble CBD and skincare products such as botanical face oil with CBD, healing hemp cream

and essential soaps. Furry friends are also catered for with a pet range that includes oils that can be placed in a cat or dog's mouth or sprinkled onto wet food.

111 Loop St | www.peachandmoon.net

DÉCOR

BORDALLO PINHEIRO

If you're looking for something unique and quirky, this divine ceramic store is for you. A world leader in high-end Portuguese ceramic tableware, this brand has been around since 1884. With several ranges, from natural to humorous, there is something to suit everyone's taste. Check out the famous ceramic fish, the to-die-for jugs and the cabbage line of ceramics.

7 Bree St | www.bordallopinheiro.co.za

CHANDLER HOUSE

In this eclectic shop-cum-gallery-cum-artist's studio, every item has been curated with care (and flair!) by artist and owner Michael Chandler. On offer is a wide range of homeware and gifts, antiques, objets d'art, handwoven textiles and a selection of artworks. Look out for Chandler's beautiful, meticulous illustrations of Cape Town.

53 Church St | www.chandlerhouse.co.za

MUNGO

The cottage vibe of this split-level store is enticing. Everything is made from quality, natural-fibre homeware textiles crafted

at their mill in Plettenberg Bay. Choose from exquisite throws and blankets, table linen, towels and apparel.

78 Hout St | www.mungo.co.za

MOROCCAN WAREHOUSE

Here you'll find everything Moroccan from beautiful rugs, painted wood, pottery, cushions, lanterns, tiled patterns, blankets, tagines, mirrors and much more. Products are handmade by artisans who use ancient techniques, passed down from generation to generation.

50 Buitenkant St |
www.moroccanwarehouse.com

PEZULA INTERIORS

Lovers of décor will feel right at home in this upmarket store that stocks everything from furniture and lighting to scented candles, apparel, textiles, books and games. A Walnut & Oak backgammon set could be just the thing for that impossible-to-buy-for person in your life.

17 Buitenkant St | www.pezulainteriors.co.za

SKINNY LAMINX

At this cheerful iconic store – which has been included in Louis Vuitton's new Cape Town city guide – you'll find Heather Moore's signature fabrics which have been used to create fun, bright, bespoke items, from cushions and FouFou shoppers to pencil cases, tea towels and aprons. There are also giant 2022 calendars, which make great stocking fillers.

201 Bree St | www.skinnylaminx.com

BOOKS

CLARKE'S BOOKSHOP

A Cape Town CBD stalwart for more than 60 years, Clarke's Bookshop is a veritable treasure trove that will provide the ideal gift for the historian in the family. It houses some of the best Africana tomes to be found anywhere.

199 Long St | www.clarkesbooks.co.za

THE BOOK LOUNGE

At The Book Lounge, arguably one of the city's best bookstores, you're spoilt for choice with two floors of best-sellers and lesser-known gems for the widest of literary tastes.

71 Roeland St | www.booklounge.co.za



THE BOOK LOUNGE

SPORT AND ADVENTURE

JUST LIKE PAPA

Visiting this store is more of an adventure than just a shopping trip. It's an eccentric, exciting outlet that specialises in outdoor gear but offers so much more. And it's not just for the happy campers – the artsy water bottles will make beautiful gifts for anyone.

73 Harrington St | www.justlikepapa.com



FLYSOLE GALLERY

ROOK CYCLES

This shop is all about pumping attitude back into street cycling. You'll find the most good-looking bikes and the coolest cycling accessories here. The Rook One bike is a winner and comes in matt black, white, yellow and moonshine copper.

295 Long St | www.rookcycles.com

RUN

This specialist store is the only place to visit for the perfect pair of running shoes and accessories. You'll find all the brands you can think of such as Adidas, Altra, Asics, Brooks, Hoka One One, Inov-8, Mizuno, New Balance, Salomon, Saucony, Ultimate Direction, Ultraspire and more.

11 Bree St | www.runstore.co.za

FASHION & JEWELLERY

CAPE COBRA

At Cape Cobra, sustainably farmed Nile Crocodile, Ostrich, and Python skins are handcrafted into timeless pieces for both men and women. Products include belts, shoes, bags, wallets and watch boxes.

43 Bree St | www.capecobra.com

DUCK DUCK GOOSE

Local is "lekker" at Duck Duck Goose. This multi-brand store has a variety of clothing items from independently owned South African labels such as Beau Beau, Beautiful Boys, Good Good Good, Rich Mnisi and Thebe Magugu, the first African designer to win the LVMH Prize for Young Designers in 2019.

120 Bree St | duckduckgoosestore.com

SPAGHETTI MAFIA

A menswear boutique, Spaghetti Mafia sells bespoke suits and clothes by Italian designers. It stocks dapper, sophisticated wear for the ultimate man-about-town.

199 Loop St | www.facebook.com/spaghettimafiacapetown

MAGIA PODEROSA

The snazzy dresser in your life will appreciate exclusive men's shirts from Magia Poderosa. These are colourful, comfortable, stylish and designed to turn heads.

2 Riebeek St (Foreshore Place arcade) | Instagram: @magia_poderosa_shirts

COURT ORDER

This dream store for sneaker fans stocks Balenciaga, Alexander McQueen, Adidas, Dolce and Gabbana, Gucci, Nike, Off-White, OVO and Palladium. Check out the shop's Fear of God Essentials range that includes sweatshirts, jackets, hoodies, T-shirts, and sweatpants.

39 Roeland St | www.courtorder.co.za

KLÛK CGDT

This fashion house by creatives Malcolm Klúk and Christiaan Gabriel Du Toit shares a passion for "bringing the African continent an international experience of fashion". Their ready-to-wear collections are extremely covetable.

43 Bree St | www.klucgdt.com

FLYSOLE GALLERY

If you're looking for newly released high-end sneakers and streetwear as well as limited editions, Flysole has got you covered. Think Jordans, Yeezys, Supreme, they have it all. Look out for the KAWS x Sacai Nike Blazer Low.

137 Bree St | Instagram: @flysolegallery

ALEXANDRA HÖJER ATELIER

Atelier offers limited edition, handmade products including silk and cotton kaftans and linen skirts. The store's owners have "a passion for well-cut feminine garments made from beautiful natural fabrics".

156 Bree St | www.alexandrahojer.com

JEWELLERY

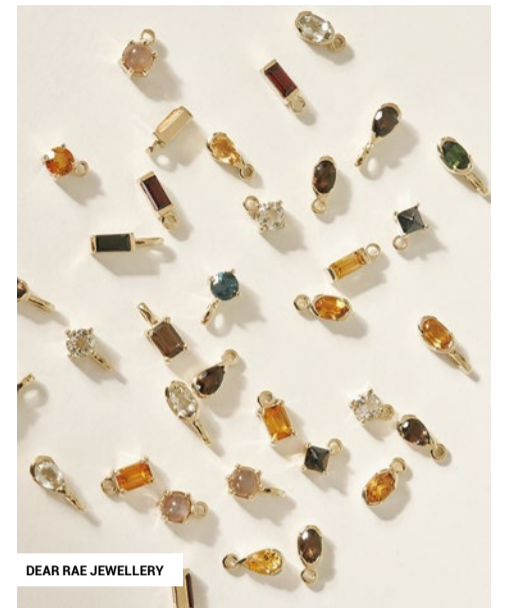
CIANI JEWELLERS

Pieces from Ciani Jewellers are carefully crafted. The shop's collection of natural diamonds, precious, and semi-precious gemstones will delight jewellery lovers. You won't go wrong with the atom inspired Opal and diamond rings.

43 Bree St | www.cianijewellers.com

DEAR RAE JEWELLERY

Stylish and refined, this store carries a wide range of handcrafted jewellery by designer Karin Rae Matthee.



DEAR RAE JEWELLERY

Her treasures are desirable – and there are also items for children.

164 Bree St | www.dearrae.co.za

OLIVE GREEN CAT

Three adventurous, distinctive jewellery brands share this retail space – Ida Elsje, Philippa Green and Nunc, so you are spoilt for choice. Go forth and shop.

76 Church St | www.philippagreen.com



SKINNY LAMINX

FESTIVE SEASON GUIDE

FOOD & WINE

DIVINE WINE BOUTIQUE

Treat yourself or the wine lover in your life to exclusive wines from top-class South African producers like Lomond Wine Estate, Buitenverwachting, Noble Hill, Kruger Family and Altydgedacht. The venue also regularly hosts free wine tastings on Fridays which is a great way to discover great wines.

35 Lower Long St
www.divinewineboutique.com

NUDE FOODS

Surprise the health fanatic in the family with locally sourced, organic products from renowned "green" grocer Nude Foods, where you can also buy natural soaps and skincare products that will spark joy in any vegan's heart.

5 Constitution St | www.nudefoods.co



DIVINE WINE BOUTIQUE



THE ELECTRIC



NUDE FOODS

OPENWINE

In this classy and comfortable environment, you get to taste the wine before you buy it. So, leave your splurging at OpenWine until last. What's more, wine is served in the French and Italian way here. Olive oil is also on sale.

72 Wale St
www.facebook.com/openwineza/

PENNY NOIRE WINEBAR

If you're looking for a unique wine selection from the best small and independent wines around, you'll find it at Penny Noire,

located inside Local at Heritage Square. Recent new releases available at the wine bar include great wine from Restless River, Gedeelte Wines and a lovely Chenin called the Dalkeith.

Heritage Square |
Instagram: @penny.noire

THE ELECTRIC

It's one of the most vibrant places in town for a laidback breakfast, but at The Electric you can also buy healthy gift hampers. We love the unusual teas and flavoured oils.

48 Canterbury St | www.the-electric.com



PENNY NOIRE WINEBAR



PENNY SETTI FROM PENNY NOIRE

FESTIVE SEASON GUIDE

FRESH & FABULOUS

Summer's here and the living is easy. These six CBD restaurants have in common great food, a vibey atmosphere and appealing space, writes Kim Maxwell.



TOMSON

ALLIUM

What's up: Silwood-trained and Korean-born chef Sepial Shim's new sit-down restaurant serves north-east Asian flavours "and more". Capetonians love "KFC", the super-popular Korean Fried Chicken she dishes out at Sepial's Kitchen OZCF Market stall. Diehards will find KFC and other delicious plates on the Allium menu.

Opening times: Thursday and Friday from 18h00 to 21h00

Location: 37 Parliament St

What to eat: Menu portions are of a similar smaller size (no starters or main courses). Ingredients are sourced from small fisheries and farmers. "Flavour is important, and the way we serve is not limited to authentic Asian ways. Easier to eat is also important. For example, we cut pan-fried Cape bream into bite-size pieces so that it's suitable for chopsticks, fingers or forks."

Book: Dineplan, www.alliumcapetown.com or via Instagram @alliumcpt

BODEGA RAMEN

What's up: Chef Ryan McDonagh has been in love with ramen for years. Business partner Bryn Divey was in software engineering. The two joined forces and initially opened Bodega as a street-food restaurant in Woodstock. In April 2021, they started trading from the current Wale Street space.

Opening times: Tuesday to Saturday from 18h00 to 22h00

Location: 64A Wale St

What to eat: This vibey restaurant is best known for brothy ramen bowls: miso char sui pork belly with noodles is a favourite, as is braised beef and kimchi ... both served with runny, half-boiled ajitama eggs. Side orders appeal, too. "People always return for the burnt quarter cabbage, charred and dressed with kewpie mayo and nori," says Divey.

Book: Dineplan or WhatsApp 078 241 3285



BODEGA RAMEN

FARRO

What's up: When Alex and Eloise Windebank closed their small Illovo, Johannesburg restaurant after lockdown challenges, they did pop-ups. It's the CBD's gain that this Farro pop-up is operating from Café Frank until February 2022.

Opening times: Tuesday to Saturday from 18h00 to 22h00.

Location: 160 Bree St (inside Café Frank)

What to eat: British chef and co-owner Alex offers a menu with a fixed price, and a choice of starters, mains and desserts. Expect a modern European style, just a few ingredients,

and no froths and foams. "It's very much technical ability behind the scenes but what you get on the plate is simple and full of flavour," says Windebank. Duck liver parfait with black cherry and brioche is a signature starter.

Book: Dineplan or www.farrofoodandwine.com

THE ROYAL OYSTER BAR

What's Up: As of September, the venue previously occupied by La Tête has been transformed. A stylish bar out front serves flutes of bubbly, with dining tables beyond. Russian owner Anna Moskvitina has roped in fellow countrywoman Svetlana Smith as GM. Diners are attracted by oysters and live music.

Opening times: Monday to Saturday from 12h00 to 23h00

Location: 17 Bree St

What to eat: "We wanted a place where you always get a selection of oysters," says Smith. The oyster bar offers local briny delights from Knysna to Namibia, served au naturel or with creative toppings. "The rest of the menu is fresh, simple and seasonal, with minimal fuss." Try this elegant spot for sundowners, and stick around for fish, steak and prawns, or vegetable-based options.

Book: Dineplan, WhatsApp 071 490 2834 or via Instagram @theroyal.oyster

THE SHED

What's Up: This cosy restaurant run by the Ackermann family combines their favourite things: sushi, pizza, burgers, music and wine. "It offers



THE ROYAL OYSTER BAR



THE SHED

good food, value for money, and cool music in a trendy space," says Kyle Ackermann. Find The Shed near the top of Long Street.

Opening times: Tuesday to Thursday from 16h00 to 22h00, Friday to Sunday from 12h00 to 22h30

Location: 3 Vredenburg Lane

What to eat: The wood-fired Neapolitan pizza (an Italian-inspired puffy crust with a thinner, moist centre) flies here. The margherita is an original classic, or The Shed pizza is a South African favourite of bacon, avo and feta. Sushi is clean and classic. And come hungry for the real deal gourmet burger: three grass-fed patties and cheddar slices, with a side of skinny fries.

Book: WhatsApp 072 757 2972 or via Instagram @the_shed_cpt

TOMSON

What's up: Tomson is Andrew Kai's new baby. You may know Max Bagels, where Kai is a partner.

At Tomson, Kai wanted to call on his heritage and cook the meals he'd eaten as a South African Chinese teen growing up in Cyrildene, Johannesburg.

Opening times: Tuesday to Saturday from 18h00 to 21h00. Check about lunch in summer

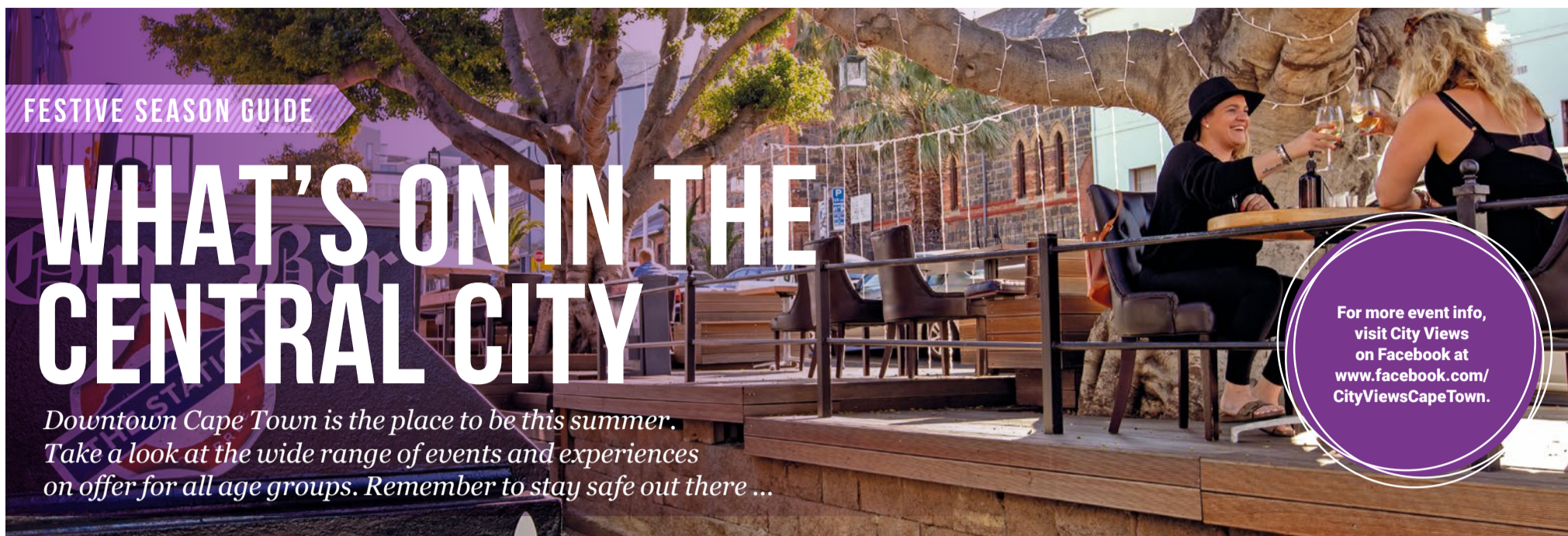
Location: De Oude Schuur, 120 Bree St

What to eat: A few seats at the hatch might be free, but Asian-style pavement eating on small plates is best here. Cantonese-inspired street food includes char sui pork, wonton dumplings and tangy salt and pepper prawns. Don't miss the Cantonese steamed eggplant. This is food designed for sharing. Wash it down with Tsingtao beer.

Book: Dineplan and via Instagram @tomson_cpt



FARRO



FESTIVE SEASON GUIDE

WHAT'S ON IN THE CENTRAL CITY

Downtown Cape Town is the place to be this summer. Take a look at the wide range of events and experiences on offer for all age groups. Remember to stay safe out there ...

For more event info, visit City Views on Facebook at www.facebook.com/CityViewsCapeTown.

THE WAITING ROOM

Catch live music by brilliant local artists and DJs from Tuesday till Saturday at The Waiting Room. New events, line-ups and ticket details are announced weekly on the venue's Facebook and Instagram pages. Artists who want to perform here can email waitingroombookings@gmail.com.

Where: 273 Long St
When: Depends on booking
Instagram: @waitingroom.ct

YOUNGBLOOD

Youngblood helps to support up-and-coming young artists by providing a platform for them to showcase their creations. Different works are on display throughout the three-storey venue. Musical performances by some of South Africa's best musicians also regularly take place at this interesting venue. Keep an eye on social media for announcements.

70 – 74 Bree St | www.youngblood-africa.com

THEFOURTH

THEFOURTH is an art gallery, design showroom and concept store. It also features an exquisite bar available for private functions. With the gallery bridging the gap between art and design, you'll be inspired by the refreshing installations and atmosphere. On display is "Falling Awake", a group exhibition curated by Shona van der Merwe and Heinrich Groenewald.

4th floor, Exchange Building, St Georges Mall | www.thefourth.co.za

99 LOOP GALLERY

This contemporary gallery exhibits artworks by top emerging and established artists from South Africa. Don't miss Chris Denovan's 10th solo exhibition showing now until 22 January 2022. With "Escape Island Right Now!", Denovan calls on art lovers to look beyond their "isolated caves", after tough times brought on by the pandemic, "and set off on a voyage to a new world, a better world, a fantasy island paradise".

99 Loop St | www.99loop.co.za

IZIKO PLANETARIUM & DIGITAL DOME

Come to town with the whole family and take in a trip beyond the stars at the Iziko Planetarium & Digital Dome, "the most advanced digital planetarium on the African continent". Shows on display include "Polaris", featuring a travelling penguin from the South Pole and a funny bear from the North Pole and "Rising Star" which looks at South Africa's research into astronomy and what lies ahead. If you'd like to journey into space with Sy and Annie and their dog, Armstrong, check out "Accidental Astronauts".

Where: 25 Queen Victoria St
When: 10h00 – 14h30 (Tuesday to Sunday)
Cost: R30 (children, students and SA pensioners), R60 (adults 19 years and older)
www.iziko.org.za

THE ULTIMATE BEVERAGE EXPERIENCE

South Africa's finest small-batch beverages will take centre stage at the Cape Town International Convention Centre (CTICC 2) in a one-of-a-kind craft experience in January and you're invited. The show is on from 27 till 29 January 2022. It comprises a one-day trade event that will be followed by a two-day market of South African infusions. Visitors will get to taste and buy drinks. There will also be technical demonstrations for homebrewers, workshops on Cannabis-infused drinks, and barista and mixologist training.

Where: 1 Lower Long St
When: See website
Cost: R200
www.cticc.co.za



IZIKO SOUTH AFRICAN NATIONAL GALLERY

This prestigious national gallery is filled with valuable temporary and permanent exhibitions of paintings, works on paper, photography, sculpture, beadwork, textiles and architecture. Currently on show is a unique exhibition that brings together landscape paintings made in Europe and South Africa between the 1600s and 1800s. Works being presented include paintings from the Bailey, William Fehr and Iziko South African National Gallery collections.

Government Ave | www.iziko.org.za/museums/south-africannational-gallery

FABLE MUSIC SESSIONS

Good music is the order of the day at fable on weekends. The venue hosts DJ Tiny T on Fridays. On Saturdays, DJ Tanner Mason keeps patrons entertained on the decks with great tunes as they enjoy cocktails and good food. Get in touch with the venue if you'd like to celebrate a special occasion or create a film set.

Where: Cnr Bree and Wale sts
When: 19h00 till late
www.facebook.com/fablecpt



STATEOFHEART GALLERY

StateoftheART focuses on modern and contemporary art from South Africa. Here you'll find the works of emerging and midcareer visual artists. You can also shop from the gallery's large selection of original art and choose from a variety of mediums such as painting, printmaking, fine art photography and sculpture. The gallery also sells e-gift cards that make an excellent Christmas, wedding, birthday, graduation or special-occasion gift for the art lover in your life.

50 Buitenkant St | www.stateofheart-gallery.com

A GALLERY YOU CAN EAT AT

A Gallery You Can Eat At recently launched a new cocktail bar with innovative drinks created by mixologist Chad Zieve. The bar is open from Thursday to Sunday. Overall, this unconventional space exhibits art and serves speciality coffee, all-day breakfasts and sandwiches daily. Now it's also A Gallery You Can Drink At.

Where: 7 Riebeeck St
When: 16h00 – 21h30
Instagram: @not_a_gallery



Hope
For the homeless

Make a donation, give the gift of hope

YOU CAN GIVE IN ONE OF THE FOLLOWING WAYS:

SNAPSCAN
You can download the free SnapScan app onto your smartphone and SCAN the code (right) to donate the amount of your choice via your phone.



PAYPAL
Use the link below to make a donation via PayPal: <https://paypal.me/CCIDShowYouCare>.

SMS "GIVE" TO 38088
to donate R10 towards the CCID's NGO partners.

VISIT OUR WEBSITE
for more information on the campaign, our NGO partners and other ways in which you can assist. www.showyoucare.co.za

Remember to help the NGOs that help the homeless and give where it will make a DIFFERENCE.*

* The Cape Town Central City Improvement District works closely with the following NGO partners in the Cape Town CBD:

The Hope Exchange
Vocational training and rehabilitation services for adults

Khulisa Social Solutions
Work-based rehabilitation for the chronic homeless

Straatwerk
Job rehabilitation projects for street people

The Homestead
Residential care and family integration for boys

Ons Plek
Residential care and reunification processes for girls

Youth Solutions Africa
Shelter and skills training programmes for adults